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Win Natural Therapies for your workplace[^]

We believe in rewarding employees. So we're offering you the opportunity to win Natural Therapies for your workplace including a day of Iridology and Reflexology treatments.

For your chance to win, simply tell us in 25 words or less how you encourage health and wellbeing in your workplace, and we could soon be providing your employees with Natural Therapies.[^]

Very shortly we'll be sending you another email which details some great offers on how your employees can avoid the 1% Medicare Levy Surcharge, by joining your MBF, HBA or Mutual Community corporate health plan.*

Please forward this on to your employees.

Offer ends 31 July.

[FIND OUT MORE ▶](#)

Bonus frame offer at BLINK Optical.

As a member, when you spend a minimum of \$350 at a BLINK Optical store, you'll also receive a bonus pair of frames[#] at no extra cost!



[^]This competition extends from 1/07/11 to 31/07/11 and is open direct recipients of the 'Win Natural Therapies for your workplace' email. Entrants must describe in 25 words or less via the online entry form how they encourage health and wellbeing in their workplace. Bupa will select the winner on 11/08/11 based on its determination of the best entry. The winner will be able to choose the day(s) they wish to have the Natural Therapies provided, giving 3 weeks' notice to Bupa and subject to availability. For full competition terms [click here](#). *The 1% Medicare Levy Surcharge (MLS) applies for each day you do not have private hospital cover and earn over \$80,000 p.a. if you are single, or \$160,000 p.a. for couples and families. These MLS figures apply to the 2011-12 financial year and are indexed annually. The MLS threshold increases by \$1,500 for each additional child. Please consult your tax advisor for more information about how the MLS may apply to you. If you are a foreign resident from a country that has a Reciprocal Health Care Agreement with Australia, you will be required to pay the Medicare levy. You must take out Reciprocal Health Cover in addition to your corporate health plan to avoid paying the Medicare Levy Surcharge. [#]Offer available to Bupa members who purchase frames before 31 July 2011. To qualify for the bonus frame offer purchase must be at least \$350. Bonus frames are from a selected range of frames. Range varies from store to store. Offer does not include lenses. Lenses will be an additional cost. One bonus frame per member. Offer available while stocks last. Bupa is Bupa Australia Pty Ltd ABN 81 000 057 590 trading as HBA, MBF and Mutual Community. If you no longer wish to receive information from us click [unsubscribe](#).